

Now as a high school senior, I've met people who accepted me for who I am and because of them, my music taste has changed as well. I can finally be myself and frolic around in the sand. The music I listen to now consists of soft guitar strumming and light wavy instrumentals. This type of music makes me feel like I'm cruising down the beach with the windows rolled down, with no care in the world.

Music is the key to my soul, and without it, life would become black and white; a reality without essence, a reality without beauty, an ocean without any tide to reach the shore called life.

Darian Ochoa

Mrs. Vela

CSU ERWC

January 15, 2020

The Power of Music

Music is like an ocean. On the surface level, it can be fun to splash and swim around, but as we venture deeper in the ocean, we can find the beauty within. The ocean covers 71 percent of the Earth; however, music covers 100 percent. It is a global and historical phenomenon. Like the ocean, it's normal to listen to a song without appreciating its uniqueness, its power, but as we take a dive into the rhythm, melody, and content, a song can be a beautiful sight to behold just like the ocean. Music is what helps bring people together. It is what helped me escape from my challenging environment.

Music is an essential part of my life. Without it, I wouldn't be who I am today. The different types of music I've listened to throughout the years provide an insight on how I've grown as a person. During one of the darkest moments in my life, I would listen to a subgenre of rap, with dark and eerie instrumentals with hard, grungy kicks and snares, almost as if I was in a perilous nightmare. At that time, I felt as if I didn't belong anywhere. I believed that even though I had friends at that time, it was all a facade. No one was there for me except my music. Music was my only honest friend during that nightmare. It was through music that I was able to cope with my surroundings and swim back up to the surface, for a breath of air.